

Exam Review Self-Reflection

Critically reviewing an exam can yield useful information to help you grow and develop as an independent learner. Reflecting on a past exam allows you to note your weakest topics and helps you identify which *types* of questions you missed (factual or critical thinking). The information gained from this self-assessment will allow you to move forward in the class and better prepare for the next exam. You can bring this self-assessment in to a coaching appointment at the Learning Center to help you determine your next steps.

Class preparation:

- Do you read the textbook before going to class and attempting assignments?
- How much time do you estimate you spend reading and completing assignments?
- Overall, do you think you are preparing well for class?

During class:

- Where do you sit in class, and do you think where you sit impacts your attention/performance?
- Do you attempt all activities in class even if you are unsure?
- Do you leave class with questions that you write down for yourself?
- Are you taking the most complete and effective notes you can be?

Post class:

- Are you asking yourself “why” to the “what” you are doing?
- Do you review the PowerPoints and class notes routinely for a short time after each class?
- Do you revisit or reread challenging material to answer the questions you have from class?
- Are you completing assignments as effective practice or simply completing them for the score?
- Are you taking advantage of all the help and resources offered to you?
- Do you have study partners that you review class notes with? Are these study sessions active and effective?

Exam:

- When did you start studying for the exam? (Hint: Two days before the exam is not enough time)
- Did you finish with time to check over questions?
- Could you teach someone else how to approach and answer each question?
- Did you practice answering all questions again from PowerPoints and on-line homework assignments without any help or notes?
- Explain what your studying “looks like” if I could watch a video of you doing this.
- Are your study habits active and engaging or passive and automated?
- Have you reviewed each question of the exam to see why you got each one right or wrong?

Moving forward:

- What do you think you could do to improve your success in this course?
- How can you learn from this exam?
- What active study strategies do you want to start incorporating?
- How do you learn best? What study methods are actually working for you?
- Are you using all your resources?
- Are you really learning the material or just studying?
- How will you know when you’ve mastered the information?

