



Victoria Moutahir, MS, LMT, CMLD

Victoria owns and operates Body Kneads, Inc. with locations in Providence and East Greenwich RI. She is a board certified, RI licensed massage therapist and has been in practice since 1998. Victoria earned a B.A. in Psychology from the University of Rhode Island and a Master of Science in Nutrition from Northeastern University. She has been teaching since 2004 and has spent her career as a mentor, educator, and ambassador for massage therapy. As an adjunct faculty in the Rehabilitative Health Department at the Community College of Rhode Island, Victoria teaches courses in nutrition, business and Therapeutic Massage I, she coordinates the student clinic and mentors students in their field placements as well. Her certifications in orthopedic/medical massage, myofascial release, manual lymphatic drainage, craniosacral therapy afford her a broad spectrum of knowledge to pull from when she is working with her students. Along with teaching, Victoria is a member of the CCRI Advisory Board and she is a board member of the RI chapter of the American Massage Therapy Association. Additionally, Victoria has thousands of hours of experience working with insurance payments and has presented at conferences and to groups throughout New England. Most recently, Victoria has worked with the Non-Opioid Pain Treatment Coalition to mandate insurance coverage for pain treatment alternatives delivered by licensed professionals of massage therapy, physical therapy, occupational therapy, and acupuncture.