



Alan R. Post, DC

Chiropractor

Alan R. Post D.C. is an honors graduate with a Bachelor degree in Human Biology, a Doctoral degree in Chiropractic Medicine, and post-graduate certification in Acupuncture from Logan University of Health Sciences. In 1993, he was a member of the North American Physician Delegation to China. He is a past president of the Rhode Island and North–East regional chiropractic associations and past Advisory Board member at the University Bridgeport Chiropractic College.

Dr. Post has been actively involved in health care reform; both serving and presenting to numerous committees and departments affiliated with governmental health agencies. In 2009 Dr. Post first introduced the Integrative Medicine Chronic Pain Program to Rhode Island Medicaid. He championed the program to inclusion in 2012. In 2018 the program has been expanded to engage more patients and has been included into Maryland Medicaid. Currently maintains two active patient care practices in RI, is a consultant on Integrative Medicine Programs, and does presentations in Rhode Island and nationally.

A past president of the Trustees of the Gilbert Stuart Museum, Dr. Post has great interests in the arts as well as science. He has been pursuing meditation interests since 1976 and is a contributing author to the 2012 landmark book: “Meditation as Medication for the Soul” by bestselling author Rajinder Singh. It is now published in five languages.

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