

Be an Active Bystander

If you know someone is at risk for sexual assault, consider it an emergency and get involved. Don't wait for someone else to act.

Tips for Intervening

- Approach everyone as a friend.
- Be honest and direct.
- Don't be aggressive or use violence.
- Keep yourself safe.
- Get help from other bystanders, if necessary.
- Call the police if a situation becomes too serious.

Other Ways to Combat Sexual Assault

Talk to friends who have expressed violent feelings or behaviors. Assist them in getting help from a counselor or other professional. Speak up against false comments or jokes about sexual assault and educate people about it.