

# ***CHARACTERISTICS OF DISTRESSED SWIMMERS AND DROWNING VICTIMS***

<i>Behaviors</i>	<i>Swimmer</i>	<i>Distressed Swimmer</i>	<i>Active Drowning Victim</i>	<i>Passive Drowning</i>
<b>Breathing</b>	Rhythmic breathing	Can continue breathing and call for help	Struggles to breathe; cannot call for help	Not breathing
<b>Arm and Leg Action</b>	Relatively coordinated	Floating, sculling, or treading water, can wave	Arms to sides, pressing down; no kick	None
<b>Body Position</b>	Horizontal	Horizontal, vertical, or diagonal, depending on means of support	Vertical	Face-down submerged or near surface
<b>Locomotion</b>	Recognizable progress	Little or no forward progress; less and less able to support self	None; has only 20-60 seconds before submerging	None