



E. Flynn

Psychiatrist, Brown University Mindfulness Center

Ellen Flynn, MD is a psychiatrist in [Women's Behavioral Medicine](#) at the Women's Medicine Collaborative. A clinical assistant professor of psychiatry and human behavior and a clinical assistant professor of medicine at The Warren Alpert Medical School of Brown University, Dr. Flynn Director of the Resilience Initiative at The Warren Alpert Medical School of Brown University.

Dr. Flynn received a medical degree from University of Massachusetts Medical School in Worcester, Massachusetts. She completed a residency in adult psychiatry at University of Massachusetts Medical School. She trained in psychosomatic medicine, completing a fellowship at Brigham and Women's Hospital in Boston, Massachusetts, and holds a master of theological studies degree from Harvard Divinity School in Cambridge, Massachusetts. Dr. Flynn was awarded formal certification as a mindfulness-based stress reduction (MBSR) instructor from the Center for Mindfulness, Oasis Institute at the University of Massachusetts Medical School.

Dr. Flynn is board certified in psychiatry and psychosomatic medicine. Her clinical interests include perinatal psychiatry, consultation-liaison psychiatry, and mindfulness-based interventions in health care. Dr. Flynn teaches the eight-week [mindfulness-based stress reduction program](#) at the Women's Medicine Collaborative.

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