



PSA Monthly
September 2019

From the President...

Welcome to the new academic school year, I hope all of you had a wonderful summer! As we all know, the start of a semester can be stressful and exhausting. Therefore, be sure to review some of the links listed in the newsletter to find ways to de-stress and relax.

I look forward to representing and working with all of you throughout the coming months. In addition, I hope you will consider attending our Annual Business Meeting on October 25. More information about the meeting will be available later this month.

Respectfully, Jude

Training opportunities...

Disability Services for Students will offer a free, semester-long hybrid professional development course addressing **accessibility, disability and culture** to CCRI faculty and staff this fall.

This course will run from **Sept. 27 to Dec. 6**, and will provide weekly online content and four in-person Friday sessions at the Liston Campus from noon to 4 p.m.

Participants who successfully complete the course will receive a certification in their personnel file and materials formally certifying them as A-TASC Force graduates. Recipients may submit the course for ongoing professional development credits from accrediting institutions.

To sign up or to learn more, contact Barbie Sanborn: bsanborn@ccri.edu or call 401-455-6013.



CCRI training opportunities: <http://www.ccri.edu/hr/training/training-development.html>

NEARI professional development events: <http://www.neari.org/PDProgram>



De-stress and relax...

Below are links to articles and videos that may help you manage stress and relax:

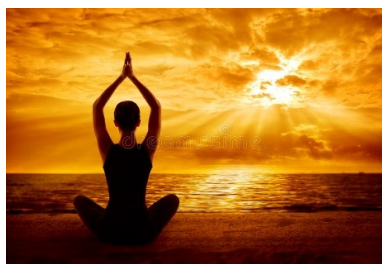
<https://www.health.harvard.edu/heart-health/5-ways-to-de-stress-and-help-your-heart>

<https://chopra.com/articles/10-ways-to-de-stress-your-mind-and-body>

<https://thriveglobal.com/stories/7-best-ways-to-de-stress-and-unwind/>

10-minute morning yoga for beginners: <https://www.youtube.com/watch?v=VaoV1PrYft4>

Easy office stretches https://www.youtube.com/watch?v=_s41vuopBwQ



Discounts...

CCRI Employee discounts: http://www.ccri.edu/hr/employee_discounts/

NEARI member discounts: <https://neari.accessdevelopment.com/home>





Get to know PSA...



Jacqueline Mane`, Associate Director, Access

Employed at CCRI since 2001, primary campus location: Newport County Campus

Education/honors/awards:

A.S. Business Administration, Community College of Rhode Island

B.S. Human Development, University of Rhode Island

M.S. Human Development and Family Studies, University of Rhode Island

Awarded/Completed Certificate at NEOA Arnold L. Mitchem Leadership Institute 2015

Professional organizations: New England Educational Opportunity Association

Hobbies:

Love to vacation, nap, relax, pamper myself, and decorate on a budget. My favorite thing to do is get a full body massage.

Personal information you do not mind sharing:

I was born in Hartford, CT and raised by my favorite person, my grandmother, Ms. Earlean Coleman. I am the oldest of five siblings. I have two lovely seeds of joy, miracle babies; an 11-year-old son and a 17-year-old daughter.

In a prior life, I was a Director of a before and after school program for 10 years. After many years of conversations with kids, I felt I needed a change. I dreamed of escaping work and not working with school age children. I knew one day, I would end up serving in higher education in some capacity.

My experience in college early on and my lack of direction from my college advisor is what motivated me to becoming an academic advisor. I wanted to help students learn about all the things I was never told and all the secrets on how to successfully get through college. This was the best decision I ever made.



I have worked at the Community College of Rhode Island since 2001. I tribute my employment at CCRI to my mentor and Pastor Dr. Philip Miller. He would always encourage me to go and get my education and to go as high as I could to achieve my degree and my dreams. He led by example; as I watched him pursue his Ph.D., it motivated me to want to pursue my education even more.

I started out as a Coordinator/Counselor for the Minority Mentoring Program. After a few years, I became a Coordinator/Counselor for the Access program. I have been the Associate Director of Access, at the Newport campus since 2011. In addition, I advised the Black American Student Association (BASA) club at the Liston Campus for 7 years.

I love working and serving my students, they come with many obstacles and struggles as a first generation, low income or a student with a disability. They are resilient, persistent and just need that support to encourage them to the finish line. They are wonderful individuals looking to improve their lives. It has been very rewarding and a pleasure and sometimes a challenge to help students realize their value, and worth. I believe in them; I know they can achieve their dreams. When they graduate and walk across that stage, I feel so blessed to have been someone that help to water, or plant a seed of achievement, I feel like I am graduating all over again.

I have a deep passion to help students achieve academic success; being a first generation student myself, I see me in them. While in high school, I had no one to motivate or encourage me to attend college. I had no idea as to what it would take to be considered college material; I am so glad that I am able to encourage others to pursue their education. Now that I know some of the secrets of college, I want to share my knowledge with every student I encounter.

One of my favorite saying is, "Your destiny is not a matter of chance; it's a matter of choice." What will you choose today? I am grateful to have chosen education and I plan to continue helping other students choose it as well.

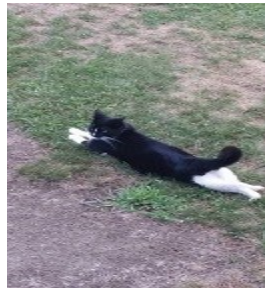
Over the past 10 years, every Saturday, I volunteer at Camp Street Community Ministries; I help in the food and clothes pantry. Each week over 150, families are given help. This is one of my greatest joy in serving others less fortunate.

At home, I am a Youth and Worship Minister at Shekinah Family Worship Center. I enjoy sharing good news. I love to encourage and motivate others to be positive, invest in themselves and help others change the way they view themselves and their situations. I love to live life, laugh a lot and love hard.



Melissa Campo, Staff Assistant to the Director of Campus Police

Employed at CCRI for 17 years, primary location Knight Campus (Warwick)



Education/honors/awards:

CCRI, Associate in Arts & Associate in Science, Honors
Rhode Island College Graduate in Social Work, Cum Laude

Professional organizations:

Chiefs of Police Secretaries, Women's Mentoring Program

Hobbies:

Cooking, playing with my fur babies, exercising, gardening, photography, drawing, collecting shells & rocks, play piano, and volunteer work.

Personal information you do not mind sharing:

Ninth child born to Antonetta & Santino Campo

Raised in Jamestown, Rhode Island

Children: Have a 26-year-old son who graduated from CCRI & URI and will be heading to the USAF.

Have a dog name Schazti and a cat name Licky



Mike Daley, Senior Technical Programmer (Linux/Unix)

Primary location: Knight Campus (Warwick)



Michael is a Senior Technical Programmer in the IT Department at CCRI. Part of the IT Operations area at the Warwick campus, Michael works to keep critical systems running 24x7. These include monitoring the Website, maintaining storage systems, automation systems, and Banner. Michael has been an employee in IT at CCRI since 2007, and started full time in December 2015. He has been a CCRIPSA area rep at the Knight campus since November 2018.

Michael strongly believes in family first, which includes his wife Bethany, and kids Malakhi, Rohan, and Larkin. All three kids come with him camping while Beth get's a mini-vacation. He coaches a First Lego League Jr. Robotics team (<https://www.firstinspires.org/robotics/fljr>) for his sons Malakhi and Rohan, and their friends Lila and Faith. In his free time he also enjoys homebrewing beer, working on cars (fixing and breaking), playing music (guitar, karaoke), reading books (fiction / fantasy), and many other hobbies.

Michael is a graduate of Rhode Island College (2009) with a B.S in Technology Education, and a B.A. in Mass Media Communications. He is currently teaching Robotics and Control at CCRI as an adjunct in Physics and Engineering.

Save the date...

**CCRI-PSA Annual Business Meeting
October 25 – time/location TBD**