

Create 20 minute CPR course based on Objectives provide participants with a basic understanding of CPR, Relief of Choking and AED Awareness.

CPR Anytime Adult

Family & Friends® CPR Anytime® Personal Learning Program allows anyone to learn the core skills of CPR in just 20 minutes using their own personal kit. The kit contains everything needed to learn basic CPR, AED skills and choking relief anywhere, from the comfort of your home to a large group setting.

Family and Friends CPR Anytime is for anyone who wants to learn basic CPR skills, choking relief and AED awareness, and does not need a course completion card to meet a job requirement.

It is designed to be shared among close family and friends. For every kit, an estimated additional 2.5 people are trained.

Features

- Self-directed, personal training kit includes everything needed to learn CPR and relief of choking
- Incorporates research proven Practice-While-Watching method of CPR instruction to improve learning, retention and offer maximum skills practice
- Refresh skills as often as needed and pass on CPR training to family and friends
- The CPR Anytime kit includes the following components:
 1. Self-directed, personal training kit includes everything needed to learn CPR and relief of choking
 2. Incorporates research proven Practice-While-Watching method of CPR instruction to improve learning, retention and offer maximum skills practice
 3. Refresh skills as often as needed and pass on CPR training to family and friends
- The CPR Anytime kit includes the following components:
 1. 1 bilingual (English/Spanish) Family & Friends CPR Anytime DVD to refresh skills as often as needed
 2. 1 poly-bagged Mini Anne® CPR personal manikin that clicks when you've pressed hard enough
 3. 1 bilingual (English/Spanish) Skills Reminder Card to carry with you for skills reference
 4. 1 Mini Anne replacement lung to exchange when sharing the kit (additional replacement lungs can be ordered from any Distributor)
 5. Manikin wipes to clean manikin after use and before sharing with close family member or friend